

## How it works:

1. Fill out the application and mail it in **before April 15, 2010**.

You may send in a **\$50 deposit** to reserve your place in the CSA.

The deposit will be deducted from your subscription. ***The balance is due on April 15, 2010.*** If our subscriber quota is met, we will return your check and place you on our waiting list. *If you miss the April 15th deadline, please contact us to see if there are still openings.*

2. Pick up your share of weekly produce from **5:30 p.m. - 6:30 p.m.** every **Thursday** at the farm or from **525 Gillis, Kansas City, MO, 64106** (in Columbus Park, 1/2 mile east of the River Market).
3. The CSA coordinator will contact you to welcome you to the group and help you to find a CSA Pick-up Partner.

**Farm Manager:** Michael Frantz, 760 N.E. 48th Ave., Trenton, MO 64683  
**CSA Coordinator:** Kate Barsotti, 516A Gillis, KCMO 64106, 816.863.8327, kate@fruitfulhills.com, www.fruitfulhills.com

## Sample Produce for 2010 (May 20 - Oct. 14)

Weather, pests, and disease affect the harvest, but the farmers will provide variety and value to the best of their ability. The most perishable items are picked on delivery day. **Spring:** beets with greens, broccoli, cauliflower, hothouse cucumbers, lettuce, green onions, sugar snap peas, new potatoes, radishes, spinach, hothouse tomatoes. **Summer:** beans, cabbage, carrots, corn, cucumbers, eggplant, garlic, lettuce, melons, onions, peppers, potatoes, squash, tomatoes, heirloom tomatoes. **Fall:** beans, broccoli, cabbage, carrots, cauliflower, lettuce, onions, sweet potatoes, pumpkins, spinach, winter squash, tomatoes, and turnips.

## Common Questions

**Is CSA food cheaper?** Not always. Naturally-grown food is usually more expensive, though we go by conventional farmer's market prices. We strive for freshness, integrity, and quality. **What if I miss my pick up?** Call your CSA Pick-up Partner. **What if I don't like it?** A CSA is more fun, and less predictable, than going to the store. Try it with a hunger for new experiences as well as for wonderful food.

## Application for Fruitful Hills CSA

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

### Produce and Eggs

- Full share** - produce only: **\$480** for 22 weeks
- Trial share** - produce only: **\$270** for 22 weeks (a trial share reduces the price and amount, but it also reduces the variety.)
- A dozen eggs** each week from pastured hens: **\$70** for 22 weeks

*For Produce and Eggs: MAKE CHECK PAYABLE TO Fruitful Hills CSA*

- Chicken** - \$36  
Two 4-6 lb. fryers and two 6-8 broilers, spaced out over the season. Chickens are pastured, without hormones or antibiotics.

*For Chicken: MAKE CHECK PAYABLE TO Alexander Royer*

**Mail application and check(s)  
to the Farm Manager by April 15, 2010:**

Michael Frantz  
760 N.E. 48th Avenue  
Trenton, MO 64683